



February 2017

We would like to wish everyone a Happy New Year and look forward to being a part of your care in 2017. Last year was eventful, exciting and fulfilling.

Entertainment Books

We will soon have Entertainment Books for sale. For those of you who bought the books previously we hope you are making use of your coupons and enjoying big savings. Thanks to your generous help, the facility has raised funds to buy recreational material for residents. If you would like to purchase a book this year, or know friends or family who want one, please give your name to the RAOs.

Residents' meetings

Residents and their families are welcome to attend our first residents' meetings for 2017. Level 2 meeting is on Wednesday February 22 at 2pm in the lounge room. Level 3 meeting will be held on Thursday February 23 at 2pm in the lounge room.

Upcoming events

Please make a note in your diaries of these events planned for our residents: Lowes clothes shopping day in level 2 lounge room on Wednesday March 29 at 2pm; ANZAC Service is on Thursday April 20 at 1.30pm; Mother's Day concert and afternoon tea is on Thursday May 4 at 2pm. The Biggest Morning Tea will be held in the courtyard on Sunday May 21 at 9.30am to 11.30am.

Family members are welcome to attend these events with their loved ones.

Art and travelling suitcases

During March our facility will host The Elaine and Jim Wolfensohn Gift from the National Gallery of Australia. This consists of three art-filled travelling suitcases: the Red case: myths and rituals, the Yellow case: form, space and design (which always

travel together) and the Blue case: Technology (which travels separately). These suitcases are sent around Australia, to schools, libraries, galleries and community centres, among other places. The objects can be touched and held, which is a great experience for many people, and so this distinctive travelling exhibition has a strong educational function. The valuable artworks have been carefully selected to be both interesting and resilient, enabling them to be handled and enjoyed for many years to come. The works can also be displayed.

The NGA has received funding from the Elaine and Jim Wolfensohn Foundation which makes it possible for the NGA to cover the freight and insurance costs of the cases so there is no charge to institutions who wish to access the cases.

Please look out on noticeboards for dates these items will be on display.

Life stories

Our facility is one of eight Blacktown City Libraries that have been selected to record our residents' life stories as part of its 50th anniversary projects. Participants will receive a copy of their conversation so they can keep it, or share it with loved ones. Another copy will be stored in the archive at Max Webber Library in Blacktown to ensure that future generations can access it. Our special thanks to Tim Ungaro, web librarian, who is recording the life stories in the facility's library on level 3 on Fridays in February and March.

Money concerns

Please do not leave money with residents in their rooms. As stated in the Residents handbook page 13:

MONEY AND VALUABLES

- 1.1 While the Adventist Aged Care takes all care, it cannot accept responsibility and does NOT have insurance to cover for damage or loss of personal possessions or money. As a result it is recommended that residents do NOT hold large sums of money or expensive jewelry in their room. There are lockable drawers in each room for securing smaller amounts of cash if you feel that it is necessary.

The facility cannot be responsible for money that goes missing. Residents do not need to keep money as expenses are charged to their accounts. We are now not able to secure money in our safe.

Tea and coffee facilities

Visitors, please help yourselves to tea and coffee-making facilities available in the activities room on level 2. A small fridge has milk as well. Please leave a donation in

the box near the sink to allow us to replenish supplies. Chilled water is also available at the tap near the stove and from a cooler beside the lift. Please help yourselves.

On level three chilled water is available at the sink in the library and a cooler near the nurses' station. Plastic cups are in the cupboard.

Lunch orders

Lunch can be ordered from the kitchen if you are visiting your loved one and wish to share a meal with them. Lunch orders need to be placed with the kitchen before 10am and cost \$5, payable at reception. Only two guests per resident may order lunch on any day. If more people wish to order lunch, this has to be approved by the Assistant Director of Care, Sr Rita or the kitchen supervisor, Raj Tiwari.

Residents' meetings

We will hold our first residents' meetings for 2017 on Tuesday, February 16 at 2pm for hostel residents. Thank you to the families who attended for your positive comments about the care and love that our staff give to residents. The next meeting for level three residents will be held on Wednesday February 17 at 2pm. Families are welcome to attend. These meetings are held quarterly and notices are placed throughout the facility regarding date and time. It is a good opportunity to voice and discuss concerns or suggestions, as well as hear about happenings within the facility. The meetings' minutes are then posted on each notice board. Please take the time to read these when you next visit.

Bringing in new clothes

When bringing in new clothes for your loved ones, please give them to the hostel supervisor in hostel or registered nurse in the nursing home for labelling. There is a nominal charge for this. Please let other family members who are bringing in clothes to do the same. It is difficult for our staff to remember what clothing a resident was wearing the day prior. It would assist our staff if, when visiting, you could rotate clothes so your loved ones have a variety to wear.

Vale

Sadly since our last newsletter we have said goodbye to the following residents who passed away: George Oatley, Ethel Tod, Ilsa Costa, Rita Hume and John Morris.

No parking, please

Please do not park near the fire hydrant. This is the area just up from the gazebo.

Welcome to our new residents

We welcome new residents Mangamma Sami, Stan Baker, Pastor Wal Taylor, Marjorie Gillis and Annie Knight.

Fire alarm procedure

When arriving at the facility and you hear the fire alarm ringing, please remain outside the facility until the fire brigade or staff give permission to enter. Please do not use the lifts during this time AT ALL.

Person of contact

When a resident is admitted, he or she usually asked who the person of contact will be. This is usually your next of kin, guardian etc. It is at the time that one or two or three names are placed on the contact list.

The first person on the list is the main one who will be contacted in an emergency or if there is a care need. It will be up to the person to communicate with other family members.

Flowers and vases

If you are bringing in flowers, please ask staff if you need a vase to put them in. Vases are in cupboards in both east and west wings so please make use of them.

Helping residents

If you witness a resident who has had a fall, please not attempt to pick him or her up. Please notify a staff member immediately. This protects both you and the resident. If the resident has broken a bone or is in pain, it is not safe to help him or her up. The registered nurse on duty is the best person to assess the resident's condition. Thank you for observing this request.

Recycling cards

Please give us your birthday, Christmas and other greeting cards as we use these in our card-making activity for our residents. Please give to reception or to the RAOs (the Pink Ladies).